

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 1	Week Beginning: Week 7 – 9/11-9/15
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 1	
M o n d a y	Notes:  11	Objective: Define vocabulary related to evaluation using HOPS and MAPPS  Lesson Overview: L 8 HOPS & MAPPS L9 Palpation and Stress tests	Academic Sports Med CTE Standards: 10.1 6.6
T u e s d a y	Notes: 12	Objective: Learn and be able to practice the skills of taking vital signs on a patient in different circumstances. Heart rate, blood pressure, temperature, respirations. .1 Identify methods of injury prevention 2. List methods of injury prevention 3. Recognize methods of injury prevention  Lesson Overview:  L11 Vital signs Unit 5 Injury Prevention L 1 Injury Prevention	Academic Sports Med CTE Standards:  7.4 5.7 5.5 5.3
W e d n e s d a y	Notes: 13	Objective: 1. Identify individual reaction to injury. 2. List individual response to injury. 3. Recognize individual response to injury By the end of this lesson you will be able to: Define terminology Identify individual reaction to Injury List individual response to injury Recognize individual injury response  Lesson Overview:  L 2 Physical Response to Injury. L 3 Physiological Response to Injury.	Academic Sports Med CTE Standards:  8.1 6.7 7.4
T h u r s d	Notes: 14	Objective: Define Return to Play Terminology. Identify Return to Play Steps. Learn to collaborate and work with a group to make and present a poster on one of the injury prevention methods.  Lesson Overview:	Academic Sports Med CTE Standards:  7.6

a y		L 4 Return to Play L 5 Injury prevention Poster project	
F r i d a y	Notes: 15	Objective: Assessment over unit 4 Evaluation and Assessment and Unit 5 Injury Prevention  Lesson Overview:  Assessment Test and practicum	Academic Sports Med CTE Standards: 5 6 7 8 10